

Appelbaum Eye Care Associates, PC
www.VisionHelp.com

6509 Democracy Blvd.
Bethesda, Maryland 20817
301-897-8484

133 Defense Highway Suite 113
Annapolis, Maryland 21401
301-897-8484

**Residency in Vision Therapy and Vision Rehabilitation
in a Private Practice**

Program Supervisor: Dr. Stan Appelbaum
Email: eyepower2@gmail.com

- Please contact Dr. Appelbaum to schedule an interview
- Residency begins each year on the first day of July
- Interviews are scheduled throughout the year



The goal of this **Southern College of Optometry Residency Program** is to give graduate Optometrists additional opportunities to expand their clinical knowledge and skills.

Description of Program: The program emphasizes the diagnosis and treatment of binocular vision and visual perceptual disorders. The resident will gain extensive experience in Vision Therapy for Adults and Children, Vision Improvement Programs, Pediatrics, Primary Care, Special Testing, Infants Vision, Head Trauma/Rehabilitation, Children with Special Needs, Therapeutic Lenses, Contact Lenses and Low Vision. As an employee of Appelbaum Eye Care Associates, PC, the resident will gain experience working with visual perceptual deficits, developmental vision anomalies, general binocular and eye movement skill deficiencies, complex Strabismus and Amblyopia as well as patients with visual/vestibular disorders including sensory integration dysfunction, sensory processing disorder, tactile defensiveness, apraxia, vertigo, dizziness, balance, movement, attention, and coordination disorders.

Cases are provided and discussed to sharpen diagnostic and treatment skills.

Educational Opportunities: Many clinical opportunities will be presented to the resident by both the Behavioral Optometrists and Occupational Therapists at Appelbaum Eye Care Assoc. on topics such as: Amblyopia and Strabismus, Rehabilitative Optometry, Optometric Intervention in the Learning Disabled Population, ADHD, Dyslexia, Autistic Spectrum, Behavioral Optometry, and combining Optometric Vision Therapy with Occupational Therapy in the same office.

Teaching Responsibilities: Residents will serve as teaching assistants to clinical staff and will learn how to make effective presentations to teachers, therapists, parents, etc.

Research Responsibilities: the Resident will be required to complete a publishable paper by the end of the program.

Length of Program: 12 Months **Starting Date of Program:** July 1

Required # of Hours per Week: 40 Hrs including some evenings and Saturdays

Benefits: There is optional participation in a health insurance plan including prescription drug coverage, with contribution from the employee. The Resident will have earned paid holidays, sick, personal, & vacation days. Professional Liability Insurance will be provided.

Location of the Residency: Bethesda and Annapolis, Maryland

Number of Positions: 1 **Application Deadline:** February 1

Accreditation: Accredited by The Accreditation Council of Optometric Education (ACOE)

Use ORMS Matching Service: Yes contact: www.optometryresident.org
(Contact the Program Supervisor for additional program specific materials.)

COMMENTS FROM PAST RESIDENTS:

"What I feel most privileged to have experienced during this SCO Vision Therapy Private Practice Residency was the continued/constant patient care that I was able to provide day in and day out. The sheer number of VT patient encounters was an invaluable experience. Coming out of Optometry School, I felt unique in the sense that I had a very good didactic foundation of vision therapy from great faculty, as well as additional experience at a vision therapy private practice. The only thing missing was the opportunity to follow the patient through the entire therapy process lasting months or even years. Through the residency I came to appreciate each session, and each patient within that session, as I worked with them multiple times in a week. I was finally able to see the 'big picture' of VT and how it changed lives; I saw the progression of those lives changing. I knew the life-changing benefits that VT could provide, but until the residency, I never saw them full scope. Previously it was cases through reading showing merely numbers, ranges, and tracings on a page, and not a completely different person post-therapy now talking and interacting with you seamlessly. I got to witness the important stuff --the success stories were always the highlights.

I also learned how a successful VT practice is run --all of it's ins & outs. This was an opportunity I knew would be unique to a private practice VT residency. With a goal to start my own VT practice, the only fitting training would be exactly what I would strive for in my future. Through this residency, I studied everything necessary to provide an office where lives can be changed through VT. I certainly do feel like "one of the chosen few..." I now have much more confidence in looking at someone through the eyes of a developmental optometrist and telling them with absolute passion that you can benefit in so many ways from VT. How to conduct therapy sessions and most importantly how to interact with the patient and parents is something I feel quite versed in now. Until reading numerous success stories, looking at VO Star tracings progressively improve, seeing Visagraph numbers sky rocket, I don't think I would have been able to fully appreciate all that goes into VT. I certainly would have discovered that in my future, but to be privileged and get this experience at such an early time was truly an honor.

I now feel with confidence that I can start up my VT practice and immediately impact lives for the better. My residency in Vision Therapy and Vision Rehabilitation was a life-changing experience for myself and hopefully for all those I was able to interact with."

Tanner C. Gates, OD
2010-2011 Resident at Appelbaum Eye Care Associates, PC
2010 graduate of NOVA

Further information on the program and application procedures can be obtained by contacting Dr. Ervin or Dr. Appelbaum:

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Stanley A. Appelbaum OD, FCOVD
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the College of Optometrists in Vision
Development*

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